

**Panther Baseball
Fall Conditioning Schedule**

September 4-8

Monday-Off
Tuesday-Off
Wednesday- Conditioning
Thursday- Conditioning
Friday- Off

September 11-15

Monday-Off
Tuesday-Conditioning
Wednesday- Conditioning
Thursday- Conditioning
Friday- Off

September 18-22

Monday-Off
Tuesday- Conditioning
Wednesday- Conditioning
Thursday- Conditioning
Friday- Off

September 25-29

Monday-Off
Tuesday-Conditioning
Wednesday- Conditioning
Thursday- Conditioning
Friday- Off

October 2-6

Monday-Off
Tuesday-Conditioning
Wednesday- Conditioning
Thursday- Conditioning
Friday- Off

October 9-13

Monday-Off
Tuesday-Off
Wednesday- Off
Thursday- Off
Friday- Off

October 16-20

Monday-Off
Tuesday-Conditioning
Wednesday- Conditioning
Thursday- Conditioning
Friday- Off

October 23-27

Monday-Off
Tuesday-Conditioning
Wednesday- Conditioning
Thursday- Conditioning
Friday- Off

October 30-November 3

Monday-Off
Tuesday-Conditioning
Wednesday- Conditioning
Thursday- Conditioning
Friday- Off

November 6-10

Monday-Off
Tuesday-Off
Wednesday- Conditioning
Thursday- Conditioning
Friday- Off

November 13-17

Monday-Off
Tuesday-Conditioning
Wednesday- Conditioning
Thursday- Conditioning
Friday- Off

November 20-24

Monday-Off
Tuesday-Off
Wednesday- Off
Thursday- Off
Friday- Off

November 27-December 1

Monday-Off
Tuesday-Conditioning
Wednesday- Conditioning
Thursday- Conditioning
Friday- Off

December 4-8

Monday-Off
Tuesday-Conditioning
Wednesday- Conditioning
Thursday- Conditioning
Friday- Off

December 11-15

Monday-Off
Tuesday-Conditioning
Wednesday- Conditioning
Thursday- Conditioning
Friday- Off